

## Let's learn Judo at Kodokan Judo Institute!

-Get a lifetime membership to fully benefit from the programs we offer -You need: 8,000 JPY (membership fee) 1 photo (size 2.5 cm×3.0 cm)

## (Short-term courses)

Course	Content / Intended trainees	Time	Fee
General Practice	The training is a free sparring with other trainees and instructors. Though basically the training is for black belt holders, trainees who learned the basic techniques and who are able to do randori with black belt holders can participate, too.	Monday-Friday: 6:00 PM-8:00 PM Saturday: 6:00 PM-7:30 PM	Training fee: 5,500 JPY (Per month) 880 JPY (Per day)
Women's class	This class is for women. Participants learn the basic theories and techniques.	Monday-Saturday : 6:00 PM-7:30 PM	
Boys and girls class	This class is intended for boys and girls aged between 6 and 15, consisting of two divisions – one for elementary school children and the other for junior high school students based on the Japanese academic year. Please ask the International Department about the division your child comes under.	Monday-Saturday: 4:30 PM-6:00 PM (Elementary school children) 5:30 PM-8:00 PM (Junior high school students)	
Weekly Kata class	Anybody who is interested in Kata is welcome to join. (Tuesday 6F International Dojo; Friday 5F Children's Dojo)	Tuesday, Friday 5:00 PM-7:00 PM	
Monthly Kata class	Anybody who is interested in Kata is welcome to join. Contact us for the schedule. (7F, The Main Dojo)	Once a month (Saturday): 3:30 PM-5:00 PM	

## 《Long-term courses (Judo school)》

	This course is for the beginners who aim to step up to the		Enrollment fee
Futsu-ka	Tokushu-ka and who will continue their practice for a minimum of 1 year. Participants learn the basic techniques and theories. It takes at least 3 months to finish the course. For the first month,	Monday-Friday: 6:00 PM-7:30 PM Saturday: 5:30 PM-7:00 PM	1,000 JPY (at the time of enrollment) Course fee: 5,500 JPY (Per month)
Tokushu-ka	attendance more than 13 times is needed to step up.  This course is for ones who finished Futsu-ka. It takes at least 9 months. Trainees who finished Tokushu-ka are qualified for the examination of Sho-dan (1st dan).		

\* No classes on Sundays and national holidays.

## **《KODOKAN HOSTEL》**

Kodokan members are allowed to stay at the Kodokan hostel for the purpose of their training. (Reservations are necessary.) Booking starts 3 months before your arrival.

Accommodation fee Single room:

¥5,500 / person

(per night)

Deluxe single room: Deluxe twin room:

¥7,700 / person ¥13,200 / room

Dormitory:

¥3,300 / person

Convertible bed:

¥3.300 / bed

There is no meal service at the hostel, but a kitchen is available for personal use.

Check-in and check-out cannot be done: 0:00 AM - 6:00 AM

